



## Find your own way to digital wellness with The Digital Pathway Creator

Find out how your organisation shapes up when it comes to Digital Wellbeing by using the **Digital Pathway Creator** from [Digital Crossroads](#) it's - an interactive online tool designed for SME Managers.

The infographic is set against a dark blue background. At the top, the text 'THE DIGITAL CROSSROADS' is written in a light blue, uppercase sans-serif font. Below this, the title 'Digital Pathway Creator' is written in a large, bold, light blue sans-serif font. Underneath the title, the phrase 'YOUR JOURNEY STARTS HERE' is written in a light blue, uppercase sans-serif font. A horizontal line runs across the middle of the infographic, with five circular icons placed along it. Each icon is light blue and contains a white symbol: a laptop, a document with a pencil, a checklist, a group of people, and a person with a globe. Below each icon is a short paragraph of text in white, lowercase sans-serif font, describing the step in the journey.

THE DIGITAL CROSSROADS

# Digital Pathway Creator

YOUR JOURNEY STARTS HERE

- 

Take the online assessment - a free tool based on recognised EU and UK frameworks
- 

Instantly receive your personalised report on digital wellbeing at your organisation
- 

Evaluate your strengths and weaknesses as a Manager and as an organisation
- 

Take our recommendations on which modules of the Digital Crossroads Training Course to focus on
- 

Immediately begin to strengthen your digital wellbeing management

---

## Who is Digital Crossroads for?

- SME Managers
- Entrepreneurship/Business Education Providers
- Education and Business Development Stakeholders
- SME Employers

## What problems will it solve for my organisation?

Multi-tasking, constant notifications, and the "always on" culture of staying connected to work can contribute to:

- Lowered concentration levels
- Decreased memory efficiency
- Reduced creativity
- Increased stress
- Sleep issues
- Eye strain



[Click here and choose Resources](#)

- take the online assessment
- receive your **FREE** digital wellbeing report in minutes
- become a happier, healthier team by using the appropriate **Digital Crossroads** training resources

---

## Get behind this project

**Digital CrossRoads** brings together partners from the United Kingdom, Denmark, Ireland and Germany, with the goal of enabling **SME** managers to improve the digital wellbeing of their employees.

Look out for further information on the [Digital Crossroads website](#) and email us with your questions and

ideas: [carol.daniels@nationalenterprisenetwork.org](mailto:carol.daniels@nationalenterprisenetwork.org)

Stay connected through our [Facebook](#) and [LinkedIn](#) pages.



This programme has been funded with support from the European Commission. The author is solely responsible for this publication (communication) and the Commission accepts no responsibility for any use that may be made of the information contained therein.